

LOCATION: WOONCOÖPERATIE DE WARREN, AMSTERDAM

FIND YOUR VOICE

RETREAT. 15 - 17 NOV.

GROUP SINGING | INDIVIDUAL VOICE COACHING
UK'S BEST VOCAL COACHES | INSPIRING VENUE
MEETING NEW PEOPLE | LOTS OF FUN

HAVE YOU EVER DREAMT
OF STANDING ON STAGE
AND EXPRESSING
YOURSELF THROUGH
SONG?

BUT VOICES SUCH AS...

*YOU CAN'T , THEY WILL
LAUGH AT ME, WHY
WOULD THEY WANT TO
LISTEN TO ME SINGING?*

HAVE STOPPED YOU
BEFORE?

YET YOU REMAIN
CURIOUS TO HOW IT
COULD FEEL?

EVERYBODY CAN SING &
OF TOP OF THAT,
SINGING, ESPECIALLY
TOGETHER, MAKES US
ETREMELY HAPPY.

SO HOLD BACK NO
LONGER ;).

JOIN US ON 15 – 17 NOVEMBER IN AMSTERDAM
TO EXPERIENCE THE JOY OF GROUP SINGING AS
WELL AS INDIVIDUAL COACHING FROM UK'S
LEADING VOCAL COACHES.

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HOLD BACK
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S COACHES

Ruari Edwards is a nationally sought after conductor, pianist and vocal coach from the UK whose approach to music – and especially to singing – is to empower and uplift people into discovering within themselves and others a deep source of joy and connection. Click [here](#) for a personal video from him!



Meet **Christine Cairns**! She is one of the UK's leading vocal experts today. She has sung in concert all over the world, including solo concerts with the Vienna, Berlin and Los Angeles Philharmonic Orchestra. She has devoted her professional life to the teaching and has taught, amongst others, at the Royal Birmingham Conservatoire and the Guildhall School of Music and Drama.

T EXPECT E

- DISCOVER – AT YOUR OWN PACE – **HOW TO NATURALLY ACCESS YOUR VOICE** IN AN AUTHENTIC AND SAFE WAY.
- LEARN ABOUT THE **HUGE BENEFITS OF SINGING** TO INDIVIDUAL AND COLLECTIVE WELLBEING.
- DISCOVER AN EMPOWERING METHOD TO **INFUSE YOUR LIFE WITH LIGHTNESS AND JOY.**
- ENJOY **DELICIOUS NUTRITIONAL FOOD** PREPARED BY 2 PASSIONATE CHEFS
- SPEND TIME AT PIONEERING HOUSING COOPERATIVE DE WARREN AND **EXPERIENCE HOW IT IS TO LIVE MORE COMMUNALLY** AT THIS CULTURAL & CREATIVE HUB.
- COME TOGETHER WITH YOUR FELLOW COURSE PARTICIPANTS TO **CREATE A UNIQUE CHOIR**, TAILOR-MADE TO THE INDIVIDUAL REQUIREMENTS PASSIONS OF YOUR SPECIFIC GROUP.
- EXPLORE VARIOUS **BODYWORK PRACTICES** WHICH ALLOW YOU TO FIND YOUR VOICE.
- LEARN ABOUT WAYS OF **SINGING IN COMMUNITY** AND EXPLORE **VARIOUS FOLK AND INDIGENOUS TRADITIONS** WHICH STILL RETAIN A STRONG CONNECTION TO SINGING.

[GET TICKET](#)

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TEAM TEAM

Flora Inghels & Eleonara Porcaro are passionate kitchen magicians. They both love food and especially love creating the most delicious dishes for others both based on their Ayurvedic holistic approach. Expect fresh organic seasonal food that is a true gift for the body! You will be filled with healthy fuel during the whole retreat!



Juliette Westerink the facilitator during this weekend, makes sure everything goes well behind the scenes. Two summers ago, she attended the Finding Your Voice course at Schumacher College. The weekend was such an amazing and joyful experience, she became determined to support Ruairi and Christine in organising more of these weekends. Juliette has facilitation skills through her work as a breathwork facilitator and her training at Art of Hosting.

Contact: 06 2266 1402 or mail

HEALING.

MY BODY AND CELLS ARE STILL BUZZING OF LIFE.

THE FEELING OF BEING HELD AND FULLY TRUSTING
RIGHT FROM THE START.

A TRULY DEEP AND HEALING WORKSHOP.

TRANSFORMATIONAL.

I EXPERIENCED IT AS A SPIRITUAL JOURNEY OF FINDING THE VOICE OF MY SOUL.

RUAIRI IS AN EXTREMELY GENEROUS TEACHER.

FINDING YOUR VOICE WAS TRANSFORMATIONAL.

DEEP.

CHRISTINE IS THE MIDWIFE OF EACH INDIVIDUAL'S AUTHENTIC VOICE.

HIS LOVE FOR CHORAL SINGING IS INFECTIOUS

BEING HELD AND FULLY TRUSTING RIGHT FROM THE START.

UNFORGETTABLE.

IM NOT ABLE TO SHARE HOW BLOWN AWAY AND IN GRATITUDE I AM.

“IT IS IMPOSSIBLE TO PICK A HIGHLIGHT.”

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INFO INFO

PRICE

Early bird discount until 12th of October

€395,00 (incl. 9% VAT)

Regular ticket

€495,00 (incl. 9% VAT)

Course fees include meal (lunch, dinner & snacks), materials and teaching sessions. Places are limited to 20 people. Bring a friend and receive a group discount!

TIMESLOTS

15 Nov | 16:00 – 21:00

16 Nov | 09:30 – 21:00

(welcome to stay longer for collective jam session & party)

17 Nov | 09:30 – 16:00

VENUE

De Warren is a pioneering, self-built housing cooperative on Centrumeiland, Amsterdam, with 36 affordable apartments and shared spaces. Developed by a group of creatives, it's energy-positive and demonstrates the potential for sustainable, affordable urban living.

*Housing Cooperatie De Warren
Nydia Ecurystraat 31
1087VV Amsterdam*

**PURCHASE
TICKET**

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ORIGINS



A FEW YEARS AGO RUAIRI STARTED THIS COURSE AT SCHUMACHER COLLEGE. HEAR FROM RUAIRI HIMSELF ABOUT THE COURSE AND WHETHER IT IS MEANT FOR YOU IN THIS [VIDEO](#)

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LOCATION

DE WARREN - A PIONEERING HOUSING COOPERATIVE ON CENTRUMEILAND IN AMSTERDAM. IT CONSISTS OF 36 APARTMENTS FOR SOCIAL RENTAL AND MID-RANGE RENTAL AND SHARED MUSIC STUDIO, GARDEN, ROOF TOP AND A CREATIVE SPACE. IT IS THE FIRST SELF-BUILD HOUSING COOPERATIVE IN AMSTERDAM. THE BUILDING WAS DEVELOPED BY THE RESIDENTS THEMSELVES - A GROUP OF FRIENDS, CONSISTING OF ARTISTS, MUSICIANS, DESIGNERS AND SUSTAINABLE, SOCIAL AND CULTURAL ENTREPRENEURS WHO DECIDED THAT WANTED TO LIVE ALL TOGETHER IN AMSTERDAM. THEY ARE THE COLLECTIVE OWNER AND MANAGER OF THE BUILDING. WITH THIS BUILDING, THIS GROUP SHOWS THAT SUSTAINABLE AND AFFORDABLE LIVING IN THE CITY OF AMSTERDAM IS WITHIN REACH. THE BUILDING IS ENERGY-POSITIVE, AND BUILT FROM WOOD THAT HAS BEEN PARTLY REUSED.



**COME,
AND
SING
ALONG.**